



# NOBLE NEWS

Summer Edition | June 2021

Welcome to Noble News, from Noble AMA IPA Medical Group. This is your quarterly check-up for health tips, facts, and all you need to know from your Orange County Medical Group.

## Protect Your Vaccination Card

After you get your COVID-19 vaccine, it is very important that you keep your vaccination card safe – scammers are using the COVID-19 pandemic as an attempt to try to steal your personal information.

**Please do not share a photo of your COVID-19 vaccination card online or on social media.** The content that you post, like your date of birth, health care details and other personal information, can be used to steal your identity.

**Be cautious of COVID-19 survey scams.** Do not give out any of your personal, medical or financial information to anyone claiming to offer you money or gifts in exchange for your participation in a COVID-19 vaccine survey.

**Ignore offers or ads for COVID-19 testing or treatments on social media sites.** If you make an appointment online, please make sure the location is an official testing site.

If someone contacts you to buy or sell a vaccination card, it is a scam. If you suspect COVID-19 health care fraud, [report it online](#) or call 800-HHS-TIPS (800-447-8477). TTY users can call 1-800-377-4950.

Noble AMA IPA Customer Service available 9AM to 5PM Monday through Friday:  
(877) 207-7600 (TTY/TDD 711)

Urgent Care is available at the following locations:

### Anaheim Urgent Care

831 S. State College Blvd.  
Anaheim, CA 92806  
(714) 533-2273

### Sunrise Multi-Specialist

Medical Center  
867 S. Tustin Ave.  
Orange, CA 92866  
(714) 771-1420

### Concentra Urgent Care

Visit [www.concentra.com](http://www.concentra.com) for locations.

Call your Primary Care Physician whenever possible before seeking Urgent Care.

Lab Work can be handled at any CMB draw station.  
[www.cmblabs.com](http://www.cmblabs.com)

## Maintain Access to your Primary Care Physician

Astiva Health	(866) 688-9021 (TTY/TDD 711)
Blue Shield	(888) 568-3560 (TTY/TDD 711)
Central Health Plan	(866) 314-2427 (TTY/TDD 711)
Clever Care Health Plan	(833) 388-8168 (TTY/TDD 711)
HealthNet	(800) 522-0088 (TTY/TDD 711)
WellCare	(866) 999-3945 (TTY/TDD 711)

[astivahealth.com](http://astivahealth.com)

[blueshieldca.com](http://blueshieldca.com)

[centralhealthplan.com](http://centralhealthplan.com)

[clevercarehealthplan.com](http://clevercarehealthplan.com)

[healthnet.com](http://healthnet.com)

[wellcare.com](http://wellcare.com)



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## Important Plan Information

### CAPHS/ HOS Survey

Every year, the Medicare Consumer Assessment of Healthcare Providers and Systems (CAHPS®) survey is administered by the Centers for Medicare & Medicaid Services (CMS) to assess patients' experiences with their healthcare. The Medicare Health Outcomes Survey (HOS) is administered annually to a random sample of Medicare members drawn from each participating Medicare Advantage plan. The goal of each survey is to gather health status data that will be used to quality improvement activities, performance oversight and improve health.

You might have already received one of these surveys about your experience with your doctor, services and health plans. This is your chance to help us serve you better! If you receive a survey, please make sure to complete and return it. **If you have any questions, please call us at (800) 428-7766 (TTY/TDD 711)**

### Tips For A Healthy Summer

1. Move More, Sit Less!
2. Wear Sunscreen & Insect Repellent
3. Keep Cool in Extreme Heat
4. Eat a Healthy Diet
5. Rethink your drink!
6. Don't Use Tobacco!

### Update on COVID-19 Vaccine

**Everyone 12 years of age and older is now eligible to get a COVID-19 vaccination.** Get a COVID-19 vaccine as soon as you can. Widespread vaccination is critical to help stop the pandemic. **To check where you can get vaccinated, you can visit [myturn.ca.gov](https://myturn.ca.gov)**

**Don't forget to schedule your Annual Wellness Visit with your Primary Care Provider!**